



# SCHOOL MENTAL HEALTH SERVICES

2011 - 2012



## MISSION

School Mental Health professionals promote the mental health, well-being and academic achievement of all LAUSD students.

## PURPOSE

School Mental Health professionals support - positive student connections with peers, family, school and community by facilitating student development and - the ability to successfully deal with problems, crises, or traumatic experiences. Furthermore, School Mental Health professionals foster resiliency - the ability to bounce back from challenges with a stronger sense of self-confidence and coping capacity - by promoting healthy relationships, self-reflection and problem-solving skills to optimize school success.

## SERVICES

School Mental Health staff provide a range of comprehensive services including prevention, early intervention, and treatment services. The following comprehensive and targeted services are provided at clinics, programs and school sites, but are not limited to:

- ★ Biopsychosocial assessments
- ★ Individual, group and family therapy
- ★ Parent education and training
- ★ Mental health consultation
- ★ Behavior contracts and positive behavior support planning
- ★ Evidence-based, trauma-specific practices
- ★ Case management
- ★ Conflict mediation
- ★ Crisis intervention and Psychological First Aid
- ★ Threat assessment and management
- ★ Master's in Social Work intern supervision and training program
- ★ Child psychiatry training program
- ★ School-wide projects and resource development
- ★ Professional development
- ★ Community linkage and collaboration

Please contact a School Mental Health Administrator for more information.

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**LOCAL DISTRICT 1 & 2**  
 School Mental Health Clinic  
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 Kelly Jones, Mental Health Field  
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**LOCAL DISTRICT 3 & 7**  
 School Mental Health Clinic  
 97th Street  
 Nancy Jefferson, Mental Health  
 Field Coordinator  
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**LOCAL DISTRICT 4 & 5**  
 School Mental Health Clinic  
 Ramona High School  
 Socorro Valderrama, Mental  
 Health Field Coordinator  
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**LOCAL DISTRICT 6 & 8**  
 School Mental Health Clinic  
 Bell/Cudahy  
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**Crisis Counseling & Intervention  
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